

NORTHBROOK JUNIOR HIGH SCHOOL

OCTOBER LUNCH BLUE PLATE MENU

2 Mac & Cheese Garlic Bread Steamed Vegetables Fresh Fruit	3 Chicken Quesadilla Mexican Rice Steamed Vegetables Fresh Fruit	4 Baked Potato Bar Caesar Salad Fresh Fruit	5 Baked Chicken Tenders Mashed Potato Steamed Vegetables Fresh Fruit	6 Pizza Bread Chopped Salad Fresh Fruit
9 No School	10 Walking Tacos Brown Rice Fresh Fruit	11 BBQ Rib Sandwich Tots Slaw Fresh Fruit	12 Grilled Cheese Tomato Soup Kettle chips Fresh Fruit	13 Cheese Pizza Garden Salad Fresh Fruit
16 Baked Mostaccioli Dinner Roll Steamed Vegetables Fresh Fruit	17 Beef Burrito Sweet Corn Fresh Fruit	18 Turkey Subs Chicken Noodle Soup Fresh Fruit	19 Half Day	20 No School
23 Stuffed Shells Garlic Bread Steamed Vegetables Fresh Fruit	24 Chicken Taco Salad Fresh Fruit	25 Loaded Chili Corn Bread Garden Salad Fresh fruit	26 Grilled Cheese Tomato Soup Kettle chips Fresh Fruit	27 Calzone & Marinara Caesar Salad Fresh Fruit
30 Chicken Parmesan Spaghetti Steamed Vegetables Fresh Fruit	31 Cheese Quesadilla Mexican Rice Steamed Vegetables Fresh Fruit			

SALAD BAR EVERY DAY:
Small Bowl \$1.75 Large Plate \$3.50

ROTATING A LA CARTE OPTIONS:
Pasta Dishes,
Burgers, Soup,
Sandwiches,
Chicken Tenders,
Pizza,
and more!

BLUE PLATE MENU IS \$3.50 AND INCLUDES MILK, JUICE, OR 8OZ.WATER